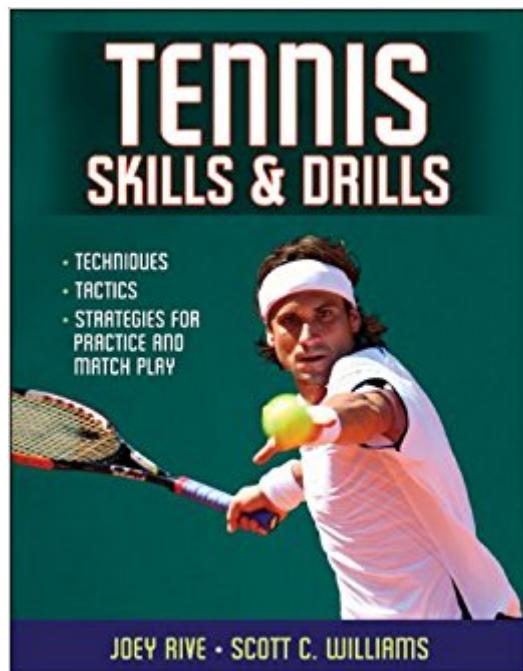


The book was found

Tennis Skills & Drills



Synopsis

Solid groundstrokes, a confident net game, a dictating serve, a sharp return game, and specialty shots for every situation—build your game from the ground up with the techniques and shots that are essential for success in today's versatile and powerful game. Combine that with winning tactics for singles and doubles, and *Tennis Skills & Drills* is your blueprint for taking your game to the next level. Start with assessing the basic techniques for the various strokes and see how you can improve your footwork, grip choices, and swing patterns. Then increase your options with spins, angles, and depth. Complete instruction for all of the strokes along with over 110 practice drills is like having your own personal coach. Since your technique is only as effective as your tactics, the book also covers the key tactical principles and game plans for maximizing your strengths while minimizing your opponent's. You'll learn to prepare for, adapt to, and counter every style of play. Whether your goal is to beat your favorite playing partner or to win the next league, state, or national title, *Tennis Skills & Drills* is your guide to mastering the game.

Book Information

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Customer Reviews

“Tennis Skills & Drills offers the tools needed for superior strokes and more victories on the court.” -Mardy Fish 2004 Olympic Silver Medalist

Joey Rive played on the ATP Tour for 8 years, competing in each of the 4 Grand Slams, and achieved a top 60 player ranking in singles and top 50 ranking in doubles. Rive also played Davis Cup tennis for Puerto Rico and practiced with the U.S. Davis Cup team. Rive has been inducted

into the Hall of Fame at Florida State University, where he won MVP honors for his team and conference as a player. He also received Tennis magazine's Sportsman of the Year Award. After his successful playing career, Rive coached at Florida State University, the University of Alabama, and Texas Christian University. He produced multiple All-Americans, two conference titles, and one NCAA final four finish. During his tenure as a college coach, he was voted PTR College Coach of the Year. Rive also spent three years as a USTA national coach, working with Andy Roddick, Mardy Fish, Taylor Dent, Robby Ginepri, and Alex Bogomolov. Rive is a USPTA, PTR, and USTA certified high-performance and sports coach. Currently, he is a teaching professional at T Bar M Racquet Club in Dallas, Texas. For almost three decades, Scott Williams has been an internationally renowned coach working with players such as No. 2 ATP Tour player Tommy Haas and No. 1 ATP Tour doubles player Max Mirnyi. Williams is the author of "A Serious Tennis" (Human Kinetics) and author and producer of the recently released "Spiritually Tough Tennis" DVD. He is president of Match Point Ministries and was voted the 2009 Coach of the Year, receiving the Ace Excellence Award for his work with upcoming junior tennis players. Williams is currently the tennis director at Saint Andrew's School in Boca Raton, Florida. He is certified as a USTA high-performance coach, USPTA level 1 professional, and PSIA level III instructor. Williams has been ranked nationally in both tennis and skiing and has played professional satellite and challenger events in Europe, South America, and the United States. He has won a total of 19 state championships in both tennis and skiing in Florida and Washington.

Pros: This book has a good layout, colorful pictures and is easy to read. It explains many basic points well, like the different grips, stances, swings etc. The title should rather be "Basics of Tennis".
Cons: The book is a big failure when it comes to describing drills. Almost every drill is described in words, which makes it extremely difficult to understand. What could have been easily described through a one or more pencil sketches are crammed into long lines. I wish the author took cues from any Yoga or Golf lessons book to get ideas on how to depict multiple moves. Skills are gained through proper techniques and practice with drills. The verbose instructions stop making sense as they get longer and harder to follow, which resulted in me learning little from it.

Solid book with some excellent info. More visuals would be nice, though.

Good Explanations , but I would I add more diagrams to support excercises

Solid basic book on getting started.

Great title, very informative from a first class coach. It went in depth with many misunderstood concepts. Also, I really liked the fact that the book had went over many common problems and offered proper solutions to take a players game to the next level.

I really enjoyed this book, and am implementing some of the drills in practice situations. This is a great manual for any coach looking for a little more variety in drills for his/her players.

Helpful for coaching a team or as a captain recommending drills at practice, not just playing. It offers lots of options.

This is a good tennis book covering a lot of ground, including basic techniques, drills, tactics and strategies. There are some nice real life pictures to illustrate the techniques being discussed. It would have been even more useful if the authors had included more diagrams when explaining the drills/tactics. Overall still a good read and reference book.

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